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Microbial life and biogeochemical cycling on land 3,220 million years ago 1 Martin Homann^{1*}, Pierre Sansjofre¹, Mark Van Zuilen², Christoph Heubeck³, Jian Gong², 2 Bryan Killingsworth¹, Ian S. Foster¹, Alessandro Airo⁴, Martin J. Van Kranendonk⁵, Magali 3 Ader³, and Stefan V. Lalonde¹ 4 5 6 ¹European Institute for Marine Studies, CNRS-UMR6538 Laboratoire Géosciences Océan, 7 Technopôle Brest-Iroise, Place Nicolas Copernic, 29280 Plouzané, France. *corresponding author: 8 martin.homann@univ-brest.fr 9 ² Institut de Physique du Globe de Paris, CNRS-UMR7154, 4 place Jussieu, 75005 Paris, France 10 ³ Department of Geosciences, Friedrich-Schiller-Universität, Burgweg 11, 07749 Jena, Germany 11 ⁴Center of Astronomy and Astrophysics, Technische Universität Berlin, Straße des 17. Juni 136, 12 10623 Berlin, Germany 13 ⁵Australian Centre for Astrobiology, and School of Biological, Earth and Environmental Sciences, 14 University of New South Wales, Sydney, NSW, 2052, Australia. 15 16 The colonization of emergent continental landmass by microbial life was an evolutionary 17 step of paramount importance in Earth history. Here we report direct fossil evidence for 18 life on land 3,220 Myr ago in the form of terrestrial microbial mats draping fluvial 19 20 conglomerates and gravelly sandstones of the Moodies Group, South Africa. Combined field, petrographic, carbon isotope, and Raman spectroscopic analyses confirm the 21 synsedimentary origin and biogenicity of these unique fossil mats as well as their fluvial 22 habitat. The carbon isotope composition of organic matter ($\delta^{13}C_{org}$) from these mats 23 24 define a narrow range centered on -21‰, in contrast to fossil mats of marine origin from nearby tidal deposits that show $\delta^{13}C_{org}$ values as low as -34‰. Bulk nitrogen isotope 25 26 compositions ($2 < \delta^{15}N < 5$ %) are also significantly different from their marine counterparts $(0 < \delta^{15} N < 3\%)$, which we interpret to reflect denitrification in the terrestrial habitat, 27 possibly of an atmospheric source of nitrate. Our results support the antiquity of a 28 29 thriving terrestrial biosphere during the Paleoarchean and suggest that a complex and microbially-driven redox landscape existed during the deposition of the Moodies Group, 30 31 with distinct biogeochemical cycling occurring on land by 3,220 Myr ago. 32 33 While there is abundant evidence that microbial life thrived in the oceans as far back as there 34 is a sedimentary record¹⁻⁵, significantly less is known about microbial colonization of the land 35

surface. Before 3,000 Myr ago, much of the Earth may have been submerged⁶, and accordingly,

37 direct fossil evidence for terrestrial⁷ life prior to the Mesoarchean is extremely rare^{8,9}. It is also

inferential, largely derived from the study of paleosols as old as 3,200 Myr^{10–14}. A suite of
suggestive biosignatures in hot spring deposits indicate that life may have already been
occupying terrestrial niches by 3,480 Myr¹⁵. Here we present the discovery of a new locality in
the Paleoarchean Moodies Group, Barberton Greenstone Belt (BGB), South Africa, where
exceptionally-preserved microbial mats are exposed in sediments of an ancient fluvial system.
These terrestrial fossils represent a significant expansion of the known diversity of microbial
life in the Moodies Group, which until now has been restricted solely to marine settings^{16–20}.

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The Moodies Group is the uppermost of the three stratigraphic units constituting the Barberton 46 47 Greenstone Belt (Supplementary Fig. 1) and represents the world's oldest well-preserved alluvial to shallow marine deposit^{21,22}. It consists of a thick (up to 3.5 km) succession of alluvial 48 to shallow-marine quartz-rich sandstones with subordinate conglomerates, mudstones, thin 49 50 tuffs, banded iron formations, and a single basaltic lava²². The age of the Moodies Group is tightly constrained by several dacitic tuffs and rare felsic dikes radiating from the Kaap Valley 51 52 tonalite that crosscut the Moodies Group along the northern margin of the BGB. U-Pb dating of single-zircons from these units indicate that deposition began about $3,223 \pm 1$ Myr and had 53 ended by about $3,219 \pm 9$ Myr^{23,24}. The southwestward-plunging Dycedale Syncline, approx. 2 54 55 km east of Barberton, hosts a steeply dipping >350 m thick succession of Moodies Group conglomerates and cross-bedded sandstones. A large variety of sedimentary structures indicates 56 that this succession records a transition from alluvial-fluvial (terrestrial) to tide-influenced 57 marine sedimentation^{21,22} (Supplementary Fig. 2). 58

59

60 Terrestrial microbial mats in fluvial sandstones

Our study is focused on fossilized microbial mats discovered in this unique terrestrial-to-marine
transition in the Dycedale Syncline. The base of the section begins with a ~75-m-thick
sedimentary unit including a ~40 m thick, polymict, mostly clast-supported conglomerate in

the central part (unit B of ref. 22; Supplementary Fig. 2). The poor sorting and angularity of 64 65 clasts, poorly developed internal fabrics, clast imbrication, thin intercalated sandstone beds with upper-plane bed horizontal lamination, and the immature composition of this conglomerate 66 indicate a proximal sediment source associated with episodic, short-lived, high-energy 67 unidirectional transport. These fabrics and associations are typical for sheet flow-dominated 68 alluvial fans and/or proximal braided streams with highly variable discharge. The conglomerate 69 70 is under- and overlain by 10- and 25-m-thick (respectively) gravelly sandstones with carbonaceous laminations and minor interbedded conglomerate beds. These lens- or wedge-71 72 shaped beds are 0.2 to 2 m thick, commonly vertically stacked, and show minor channel incision 73 from erosional downcutting, characteristic of fluvial deposition and transport (Fig. 1a). Pebble-74 to boulder-sized clasts (up to $\sim 40 \text{ x} 40 \text{ cm}$) are subrounded, poorly-sorted, and embedded in a 75 quartz-rich coarse-sandy matrix (Fig. 1b). The transition to overlying gravelly, medium- to 76 coarse-grained quartzofeldspathic sandstones is gradational. These horizontal to low-angle planar cross-bedded sandstones are locally interbedded with discontinuous mudstones with 77 78 desiccation cracks, indicating periods of subaerial exposure (Supplementary Fig. 3). Overlying 79 strata gradually deepen upward through deltaic, and medium-energy tidal, into subtidal 80 siliciclastic deposits. The position of the conglomerate-bearing deposits at the base of this 81 transgressive, fining- and deepening-upward sequence, and the absence of any sedimentary structure indicative of tidal or marine conditions, further suggests that the gravelly sandstones 82 83 and conglomerates represent a terrestrial depositional environment, likely a fluvial coastal braidplain that was updip of an estuary²². 84

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The wavy and crinkly carbonaceous laminations within these gravely sandstones and on top of the conglomerate beds show a variety of features consistent with a biogenic origin. They are densely spaced at the mm-scale, and both onlap and drape protruding clasts (Fig.1c-d). Laminae are bent upwards and plastically deformed by 10- to 50-cm-high subvertical fluid-escape

structures, indicating their cohesive water-impermeable nature and synsedimentary origin (Fig. 90 91 1e, Supplementary Fig. 4). A high strength and cohesiveness of the laminae is further supported by their association with coarse-grained sandstone and conglomerate beds that were repeatedly 92 emplaced on top of the laminae without severely damaging or eroding them (Fig. 2a). However, 93 petrographic analysis also reveals that during periods of increased current velocity, and 94 95 therefore higher shear stress, laminae were partially eroded, ripped up and reworked as 96 fragments of up to several cm in length (Fig. 2a and 2c-f). In thin section, the 0.5 - 4 mm thick laminae are composed of a dense meshwork of interwoven filament-like microstructures that 97 98 drape horizontally laminated and rippled sandstones, onlap individual clasts, and envelop 99 "floating" detrital grains of fine-grained sand whose long axes are preferentially aligned parallel to bedding (Fig. 2a-b). Individual carbonaceous filamentous structures are 1 - 3 µm in diameter 100 101 and may exceed 100 µm in length, commonly bundled and twisted around each other (Fig. 2c; 102 Supplementary Fig. 5), consistent with, but not exclusive to, modern filamentous microorganisms forming biofilms. The excellent preservation of these features is thought to be 103 104 due to a combination of very early silicification, low tectonic strain, and the low temperature 105 of post-depositional hydrothermal overprinting (<150°C) in the interior part of the Barberton Greenstone Belt^{19,25}. Raman microspectroscopy demonstrates that the carbonaceous laminae of 106 both the terrestrial and marine mats¹⁹ are composed of organic carbon that has experienced 107 similar peak temperatures of ~365°C (see Methods), consistent with the metamorphic grade of 108 lower greenschist facies established by mineralogical indicators²⁶ and previous Raman-based 109 estimates of regional peak metamorphic temperatures for the central part of the BGB²⁷ (Fig. 3, 110 Supplementary Fig. 6, Supplementary Table 1). This confirms that the laminae are of 111 syngenetic origin with the sandstone. Based on the combined evidence of carbonaceous 112 composition, syngenicity, cohesiveness, sediment trapping behavior, and the presence of 113 filamentous microstructures, the laminae are confidently identified as the fossilized remnants 114 of microbial mats. 115

The presence of microbial mats on land during the Paleoarchean provides important insights 116 117 into the timing of certain evolutionary innovations required for terrestrialization. The Archean 118 land surface was likely a harsh environment subject to repeated desiccation, fluvial and/or 119 aeolian abrasion, and presumably, intense UV radiation. Its colonization suggests that the terrestrial mats possessed a variety of adaptations, including tolerance to high shear stresses via 120 121 formation of cohesive and resistive mats, production of hygroscopic EPS (extracellular 122 polymeric substance) to maintain wetting during subaerial exposure, synthesis of UV-screening pigments and an enhanced capacity for DNA-repair to cope with cellular damage induced by 123 desiccation and/or exposure to high-incidence UV radiation. It appears that terrestrial mats of 124 125 the Moodies Group already possessed such coping mechanisms at 3,220 Myr.

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Our new report of terrestrial mat fossils adds to the known diversity of the Moodies ecosystem, which includes large spheroidal microfossils¹⁶, widespread shallow marine tufted microbial mats with trapped gas bubbles^{17–19}, and remnants of cavity-dwelling microbes thriving beneath the mats²⁰. These coeval marine microbial communities are preserved in sandstones in the nearby Saddleback Syncline that show clear bidirectional paleocurrent patterns characteristic of deposition under tidal influence¹⁹.

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To better characterize and distinguish the paleobiological context of these unique terrestrial 134 mats from their marine counterparts, we subsampled mat-rich horizons from both and analyzed 135 them for the carbon isotope composition of organic matter and for bulk nitrogen isotope 136 composition. We also examined dolomite remnants that occur as bladed to blocky cement in 137 mm- to cm-sized bedding-parallel cavities beneath the mats^{19,20} in both environments. In places 138 these carbonates are plastically deforming and rupture the mats, which further indicates their 139 early diagenetic formation, prior to sandstone lithification (Supplementary Fig. 7). All 140 carbonates yielded homogeneous mean $\delta^{13}C_{carb}$ values of +0.2 $\pm 0.2\%$ and $\delta^{18}O_{carb}$ values of -141

142 15.4‰ ±0.2‰ (n=16, Supplementary Table 2), common values for dolomitic carbonates of
143 Archean age that rule out significant secondary exchange between carbon pools after burial.

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145 Carbon fixation in Moodies Group microbial mats

The carbon isotope composition of preserved organic matter provides a more direct link to 146 metabolic activity during mat growth. In the terrestrial mats, $\delta^{13}C_{org}$ values range between -147 148 23.6‰ and -17.9‰, with a mean of -21.2‰ (n=36; Supplementary Table 3). These values 149 contrast with isotopically lighter $\delta^{13}C_{org}$ values of microbial communities from the coeval marine deposits, ranging between -33.9‰ and -21.3‰, with a mean of -27.4 (n=30; Fig. 4). 150 151 The observed difference between the two data sets is statistically significant (two-tailed Welsh's t-test, p<0.0001). The ~6‰ shift to heavier $\delta^{13}C_{org}$ values in the terrestrial realm thus 152 153 suggests significant environmental and metabolic diversity across this Paleoarchean ecosystem landscape. 154

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156 There are several non-mutually exclusive explanations for this shift. Firstly, cell size, growth rate, and species-specific differences in CO_2 diffusion rates all influence ε_p , the carbon isotopic 157 fractionation factor associated with phototrophic carbon fixation^{28,29}. However, the influence 158 of these factors on ε_p tends toward zero²⁹ as pCO₂ approaches the elevated values inferred for 159 the Archean³⁰, and some bacterial species exhibit little variation even at low CO₂ 160 concentrations³¹. A more likely explanation for this shift is a mixing of carbon sources with 161 different isotopic compositions. The terrestrial samples exhibit a narrow distribution in $\delta^{13}C_{org}$ 162 values, suggesting a relatively homogenous source centered around -21‰. This $\delta^{13}C_{org}$ 163 composition is consistent with autotrophic carbon fixation via the Calvin-Benson cycle^{32,33}, 164 whether by oxygenic or anoxygenic phototrophs. Marine samples reach values that are 165 isotopically as heavy, yet cover a larger spread extending to lighter $\delta^{13}C_{\text{org}}$ values, some as low 166

as -34‰. These features suggest that in the marine realm, mixing occurred between material 167 168 with the same isotopic composition (-21‰) as terrestrial samples and material with carbon that was isotopically lighter than -34‰. Under high pCO₂, carbon fixed by the Calvin-Benson cycle 169 is unlikely to reach such low values³⁴, which are best explained instead by biomass derived 170 from other carbon fixation pathways, notably the reductive Acetyl Co-A (Wood-Ljungdahl) 171 pathway^{34–36}. This includes acetogenic bacteria, methanogens, and sulfate reducers that, with 172 the exception of some examples of the latter³⁷, are obligate anaerobes. The terrestrial mat 173 samples are rather remarkable in that the light carbon isotope signature that should be associated 174 with alternative fixation pathways such as the reductive Acetyl Co-A pathway is not observed. 175

176

We suggest that this disparity reflects differences in fermentative or respiratory processes 177 occurring in the mats along a paleoenvironmental transect. One possibility is that higher 178 179 sedimentation rates in the terrestrial realm promoted rapid burial of carbon formed at the mat surface via the Calvin-Benson pathway, while lower sedimentation rates in marine settings 180 181 permitted greater expression of the anaerobic reductive Acetyl-CoA pathway at depth in the 182 mat. A related possibility is that distinct microbial communities inhabited these different 183 environments. Indeed, in modern microbial mats, production of CH4 is independent of diel 184 cycling between ambient oxic and anoxic water conditions, yet appears strongly suppressed in intertidal mats and enhanced in subtidal mats as the result of differences in their anaerobic 185 community structure at depth³⁸. These include differences in the activity of sulphate reducers, 186 187 who outcompete methanogens for organic substrates even at sulphate concentrations as low as $60 \mu M^{39}$. The local presence of sulphate in supratidal to braided-fluvial environments during 188 Moodies Group deposition is indicated by common pseudomorphic relics of gypsum⁴⁰ and 189 isotopic evidence for sulphate reduction in Moodies Group paleosols¹⁴. However, other 190 possibilities exist that may have resulted in a greater contribution of carbon from pathways 191 192 other than Calvin-Benson, such as the Wood-Ljungdahl pathway, in the marine realm. It has

been suggested that hydrogen gas was the principal electron donor for photosynthetic mat 193 194 growth in the 3,416 Myr Buck Reef Chert (Onverwacht Group, also in the BGB)^{3,41}. Anoxygenic phototrophs growing on hydrogen using the reverse tricarboxylic acid or 3-195 196 hydroxypropionate CO₂ fixation pathways are characterized by carbon isotope compositions that tend to be heavier than -14‰ (see review in ref. 36 and references therein), for which no 197 198 evidence is observed in our dataset. However, if locally abundant, hydrogen might have been 199 important in stimulating anaerobic metabolism via the Wood-Ljungdahl pathway. Both 200 oxygenic and anoxygenic phototrophs may themselves produce significant quantities of 201 hydrogen gas via bi-directional hydrogenases, and under conditions of nitrogen limitation, this may also occur via a nitrogenase-catalyzed side reaction⁴². In the terrestrial realm, rapid burial, 202 the increased availability of sulphate and/or fixed nitrogen, and a depressed role for hydrogen, 203 204 are all plausible explanations for the contrasting carbon pools preserved in the mats, however 205 it is difficult to draw further inference based on carbon isotope data alone.

206

207 Isotopic insight into nitrogen cycling 3,220 Myr ago

208 Bulk nitrogen isotopic compositions of mat samples also record a significant contrast between 209 the two paleoenvironments that points to differences in mat community structure and respiratory processes. δ^{15} N values of marine mats range between -0.7‰ and +3.1‰, with an 210 211 average of +1.8% (n=10), in contrast to terrestrial δ^{15} N values that are generally more positive, ranging between +1.9‰ and +5.6‰ with a mean of +4.3‰ (n=10, Fig. 4, Supplementary Table 212 4). The δ^{15} N values of the two sample sets are statistically different, even if the two marine data 213 points that are lowest in δ^{15} N are considered as outliers (two-tailed Welsh's t-test, p<0.002). 214 215 While the marine samples show near-zero values consistent with atmospheric nitrogen fixation, 216 values of up to +5% in the terrestrial samples are outside the range of typical fractionations 217 associated with growth on atmospheric N₂. C/N ratios range from 8 to 60 and show no 218 covariation with δ^{15} N values; similar to peak metamorphic temperatures determined by Raman

spectroscopy (Supplementary Table 1), C/N ratios show no significant differences between 219 220 terrestrial and marine mat samples (Supplementary Figure 8), suggesting that the differences observed in δ^{15} N are not the expression of different diagenetic or metamorphic histories (e.g., 221 ref. 34). Moreover, it has been shown that $\delta^{15}N$ values are resistant to modification during low 222 grade metamorphism⁴³, in the case of kerogen varying no more than 1‰ for sediments reaching 223 greenschist facies⁴⁴. The lowest C/N ratios observed are probably linked to the presence of clay 224 225 minerals that retain nitrogen produced during diagenesis. Total nitrogen contents (12-64 ppm, 226 Supplementary Table 4) show no significant differences between marine and terrigenous 227 sediments, and show no relation to clay content (~17 to 32% illite and muscovite in samples 228 for which X-ray diffraction was performed), suggesting that variable contributions of nitrogen bound to clay, including allochthonous clay, cannot explain the isotopic contrast between the 229 230 two datasets, which are instead most likely recording different primary compositions of mat 231 biomass.

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233 Three different biological mechanisms are known to produce biomass with $\delta^{15}N$ compositions 234 greater than +2‰ (see ref. 45 for a detailed discussion). The first, and the only mechanism possible in the absence of oxidative nitrogen cycling, is partial assimilation of NH₄⁺, whereby 235 preferential uptake of ¹⁴NH₄⁺ can drive the residual NH₄⁺ toward isotopically heavier values 236 237 (e.g., ref. 46). However, only after most of the NH₄⁺ pool has been assimilated would residual NH₄⁺ achieve values as heavy as +5‰ and we see no evidence in our dataset for light isotope 238 239 enrichments that would indicate this process. The two remaining hypotheses are partial 240 nitrification and/or partial denitrification, both of which require oxidative nitrogen cycling in 241 the terrestrial mats. Partial nitrification requires a local source of O₂ (with or without Mn oxide 242 intermediates) and has only been observed to generate such positive values in stratified water bodies where O₂ concentrations are highly dynamic as the result of seasonal overturning⁴⁵, 243 which does not apply to the fluvial setting of the terrestrial mats. Finally, partial denitrification 244

of a stable nitrate pool is the process that is most commonly evoked for the generation of isotopically heavy $\delta^{15}N$ compositions in organic matter^{43,45}, and would also appear to be the most parsimonious explanation for the isotopically heavy $\delta^{15}N$ compositions of the terrestrial mats.

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250 The source of nitrate to the terrestrial mat ecosystem may have been atmospheric. Prebiotic generation of fixed nitrogen (NO⁻, NO₂⁻, and NO₃⁻) in the atmosphere by lightning discharge at 251 $pO_2 < 10^{-5}$ present atmospheric level (PAL) is estimated to be around 2 to 4 x 10^{11} g N per 252 year^{47,48}, which translates to a global surface flux of 0.1 to 0.2 µg N m⁻² day⁻¹. While this flux 253 may have been too diffuse to be a significant source of fixed nitrogen to the marine biosphere⁴⁹, 254 fluvial mats would have had access to fixed nitrogen that is integrated over a larger area by 255 surface runoff. We calculate the drainage area required to supply an atmospheric fixed nitrogen 256 257 flux to mats at a rate that is comparable to that of nitrogen fixation by modern intertidal microbial mats (6 to 79 mg N m⁻² day⁻¹)⁵⁰ to be only 0.02 to 0.62 km². In other words, rainout 258 of fixed nitrogen onto the early land surface should have had a profound influence on nitrogen 259 cycling in early terrestrial ecosystems, one that appears expressed in the contrasting nitrogen 260 261 isotope compositions of microbial mat biomass between terrestrial and marine settings in the 262 Moodies Group.

263

Our observations rejoin those from the slightly younger (~3,000 Myr) Mesoarchean fluviolacustrine Lalla Rookh sandstone (W. Australia) where a contrast in the carbon isotope composition of organic matter has also been observed³⁴, albeit relative to marine sediments of similar age from other localities, whereas our comparison is made on approximately coeval sediments from the same basin. In the Lalla Rookh sandstone, the carbon isotopic contrast occurred in the reverse sense (with more important δ^{13} C depletion in lacustrine sediments) and without any evidence for oxidative nitrogen cycling. Nonetheless, the ensemble of emerging
evidence indicates that microbial communities already inhabited terrestrial surface
environments, and fundamentally differed from their marine counterparts in their
biogeochemical cycling of carbon and nitrogen, at the dawn of continental emergence ca. 3,220
Myr ago.

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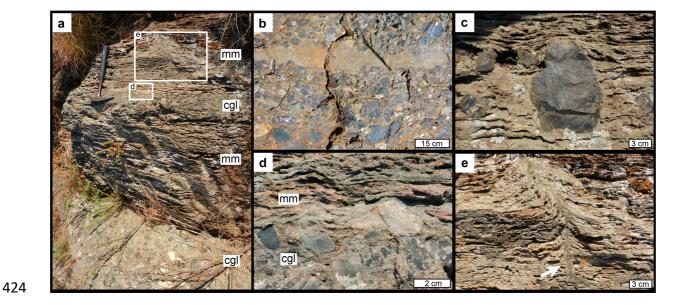
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- 415

416 Author contributions

M.H. and C.H. carried out field work and collected samples in South Africa. P.S., M.A., and
S.V.L. helped with the acquisition and interpretation of elemental and isotopic data. M.V.Z.
and J.G. performed Raman analysis. B.K., I.S.F., A.A. and M.J.V.K. contributed to the
discussion of the data. M.H. wrote the manuscript with significant contributions from all coauthors.

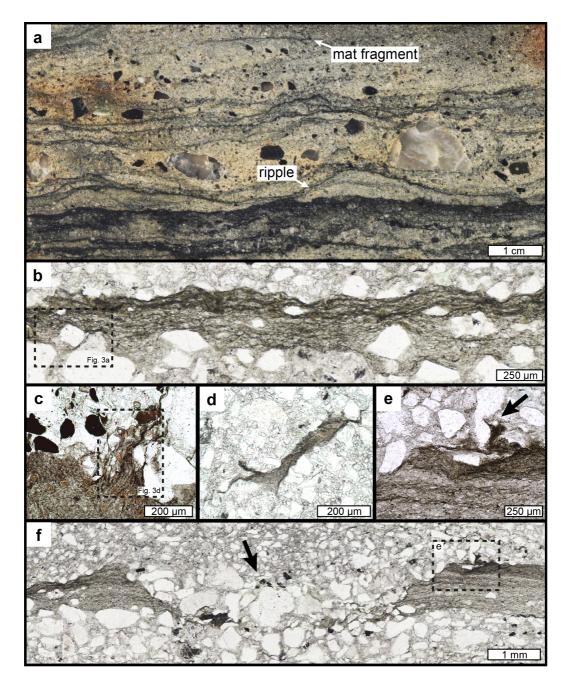
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423 Figures



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426 Figure 1. Field photographs of fluvial sandstones and conglomerates hosting fossil terrestrial mats from the 3,220 Myr old Moodies Group. a, Overview photograph showing 427 428 interbedded fossil microbial mats (mm) and conglomerates (cgl). b, Mat-associated fluvial conglomerate, composed of subrounded pebbles and cobbles. c, d, Microbial mats draping and 429 onlapping interbedded clasts within the sandstones and on top of conglomerate beds (close-up 430 view of the framed area in (a). e, Fluid-escape structure with well-defined central channel 431 (arrow) that vertically disrupts the densely mat-laminated sandstone (close-up view of the 432 433 framed area in (a).



435 Figure 2. Reflected and transmitted light photomicrographs of the terrestrial microbial 436 mats of the Moodies Group. a, Dark carbonaceous laminae of the fossil mats draping 437 horizontally laminated and rippled sand and onlapping pebbles. Chips of eroded mat fragments are preserved in cross-laminated, granular sandstone. b, Dense meshwork of interwoven 438 filamentous microstructures with trapped detrital grains. c, Bundled filamentous structures in 439 440 upper part of the mat. d, Close-up view of eroded mat fragment. e, Partially eroded microbial mat laminae due to abrasion by impacting sand grains (arrow) and **f**, Erosional truncation of the 441 442 mat by small channel (arrow).

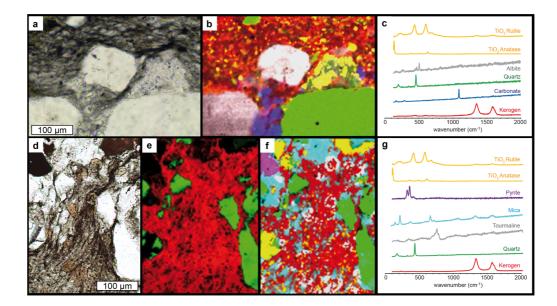
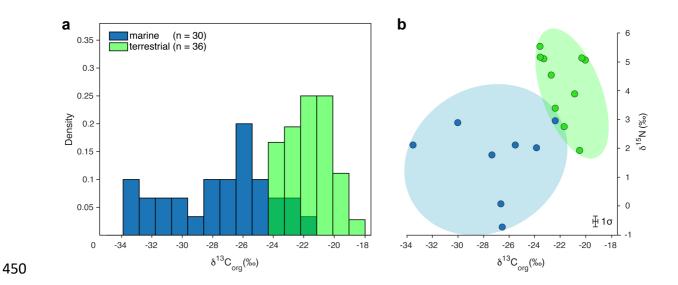


Figure 3. Transmitted light photomicrographs of preserved kerogenous laminae (a) and filamentous microstructures (d) of the terrestrial mats, with corresponding Raman component maps for mineral phases and G-peak intensity for kerogenous phases (b, e, f), and representative Raman component spectra (c, g). Note that the analyzed areas are close-up views of the samples shown in Figure 2B and 2C, respectively.

449



451 Figure 4. Carbon isotope composition of organic matter and bulk nitrogen isotope 452 composition from terrestrial (green) and marine (blue) microbial mats of the 453 Paleoarchean Moodies Group. a, Histogram of organic carbon $\delta^{13}C_{org}$ and b, $\delta^{13}C_{org}$ 454 versus $\delta^{15}N$ values for both environments.

455 Methods

Optical microscopy. Standard 30-µm-thick, polished thin sections, oriented perpendicular to
bedding, were analyzed using an Olympus BX60 petrographic microscope and a Zeiss Axio
Scope.A1 equipped with a 63x oil objective lens. High resolution scans of entire thin sections
were performed with a Zeiss Axio Zoom v16 motorized stereo microscope at the IPGP, Paris.

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461 Raman spectroscopy. Raman analyses were performed using a Renishaw InVia Raman microscope coupled to an Olympus BX61 Confocal microscope, within the PARI analytical 462 463 platform at the IPGP in Paris. Measurements were made with a 514 nm-excitation (Ar-ion laser) 464 and adjusted to an on-sample intensity of 0.2 mW with a spot size of $< 2 \mu m$ (50x objective). Beam centering and Raman spectral calibration were performed on a pure silicon chip with a 465 specific Raman band at 520.4 cm⁻¹. All spectra were detected using 1800 l/mm grating, and a 466 467 detector configuration in streamspot mode, providing a spectral range of 2000 cm⁻¹ in static mode. Individual spot analyses were obtained in both static mode (2 x 20 s exposure, centered 468 469 at 1150 cm⁻¹ with a spectral range of 100-2000 cm⁻¹) and extended mode (1 x 20 s exposure, 470 spectral range 100-4000 cm⁻¹). In order to determine Raman spectral indicators of the carbonaceous fractions, the individual spectra were truncated to 900-1900 cm⁻¹, and a linear 471 472 background subtraction was performed, using the program Wire 2.0. Peak-decomposition was 473 performed using two generally reported methods: a) a 2-peak fit, assigning a D-peak at ca. 1350 cm⁻¹ and a G-peak at ca. 1600 cm⁻¹ (following the procedure outlined in Sforna et al.⁵¹), b) a 4-474 peak fit, assigning a D1-, D2-, D3-, and G-peak at ca. 1350 cm⁻¹, 1620 cm⁻¹, 1500 cm⁻¹, and 475 1600 cm⁻¹, respectively (following the procedure outlined in Sforna et al.⁵¹, Supplementary Fig. 476 6). In all obtained spectra a D4-peak at ca. 1200 cm⁻¹ was absent and was therefore not assigned 477 478 during the peak decomposition procedure. Spectral data of the decomposed peaks (position, width, height, area) were recorded and used for calculating the Raman indicators D-FWHM (D-479 480 peak full width at half maximum) and ID/IG (height-based D/G) using the 2-peak fit, and D1-

FWHM, R1 (height-based D1/G) and R2 (area-based D1/D1+D2+G) using the 4-peak fit. Two 481 geothermometers could then be calculated, that of Beyssac et al.⁵² using $T = -445 x R^2 + 641$, 482 and that of Kouketsu et al.⁵³ using T = (-2.15 x D1-FWHM) + 478 (see Supplementary Table 483 1). Raman hyperspectral maps were obtained for selected areas within the thin sections 14-452-484 1B2 and 14-452-1B9, in streamspot mode (point-by-point scanning) using 1 x 6 s or 1 x 10 s 485 exposures per point. Raman maps were generated using the software Wire 2.0 by selecting 486 487 representative spectra for each component (minerals and kerogen) within the hyperspectral dataset (Fig. 3) and subsequent component analysis for each spectral point was determined 488 using a background subtraction with a 2nd order polynomial fit. Maps of individual components 489 490 were subsequently merged using the imaging program ImageJ.

491

492 Carbon isotope analysis. For isotope analysis of organic carbon, large rock samples (up to 493 50x20 centimeters) were collected in the field from the freshest and least weathered outcrops available. In the lab all outer surfaces of the rocks where removed with a rock saw and were 494 495 cut into smaller blocks, devoid of any cracks or fractures. Afterwards, mat horizons, 2-10 mm 496 thick, were cut out individually with a thin rock saw and broken into smaller pieces, cleaned in 497 an ultrasonic bath and dried. The resultant material was then crushed into a fine powder using 498 an automated agate mill grinder, which was cleaned with pure quartz sand, distilled water, and 499 ethanol between each run. The powders were decarbonated with 6N HCl for 12 hours then warmed at 80°C for 2h in a fume hood. Residues were rinsed with Milli-Q water, then 500 501 centrifuged three to four times until they approached a neutral pH. 10 to 50 mg of decarbonated 502 samples were loaded into tin capsule and analyzed for their carbon isotopic composition at the 503 Pôle Spectométrie Océan (PSO, Brest, France) using a Thermo Scientific Delta V plus mass 504 spectrometer coupled to a Flash 2000 elemental analyzer. Isotopic results are reported in delta notation against the V-PDB standard (Vienna Pee Dee Belemnite) with an average analytical 505 error of 0.12‰ (2σ, Supplementary Table 3). For C and O isotope composition of the mat-506

associated carbonates, CO₂ was released from powdered samples by reaction with 100% H₃PO₄ at 72°C in a Kiel IV automated carbonate preparation device. The CO₂ was analyzed using for isotope compositions using a Finnigan MAT 253 mass spectrometer. ¹⁸O/¹⁶O and ¹³C/¹²C ratios were also expressed in delta notation relative to the V-PDB standard (Supplementary Table 2). Precision for δ^{18} O and $\delta^{13}C_{carb}$ was 0.2‰ (2 σ) and 0.1‰ (2 σ), respectively.

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513 Nitrogen isotope analysis. Individual carbonaceous mat laminae were manually separated 514 from fresh and unweathered sandstone samples (as described above), ground in an automated agate mill grinder, and sieved to ensure a grain size smaller than 140 μ m. Bulk rock $\delta^{15}N$ 515 516 measurements were performed as they have been suggested to be more likely to record the 517 primary isotopic composition of the original biomass in kerogen-poor greenschist-facies metasediments as compared to measurements of kerogen isolates⁵⁴. To concentrate nitrogen in 518 519 the insoluble residue, the samples were first decarbonated in HCl 6N for 12h overnight at room temperature, followed by 2h at 80°C in a fume hood. Residual material was rinsed three times 520 521 with Milli-Q water, then centrifuged and dried at 50°C overnight. Approximately 500-1400 mg 522 of powdered samples were analyzed following the method detailed in Ader et al.⁵⁵. Conventional sealed tube combustion with CuO2 and Cu rods (but in this study without CaO 523 524 grains) was used to convert total nitrogen to N_2 (Dumas combustion), which was then purified 525 using a secondary vacuum extraction line as shown in Figure 1 of Li et al.⁵⁶ N₂ nitrogen isotope ratio measurements were performed using a dual inlet Thermo-Fisher Delta V+ mass 526 527 spectrometer at the IPGP in Paris (Supplementary Table 4). Each purified nitrogen gas sample 528 was analyzed twice. Nitrogen blanks were lower than 0.1 micromoles, thus representing less than 10% of the measured nitrogen. External reproducibility of the $\delta^{15}N_{sed}$ measurements was 529 530 ± 0.4 % (1 σ).

- 532 Data availability. The authors declare that all data supporting the study are available within
- 533 the article and its Supplementary Information file.

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